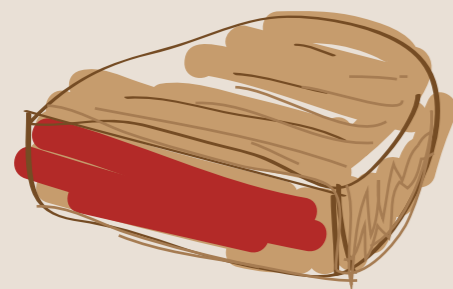


### Rare

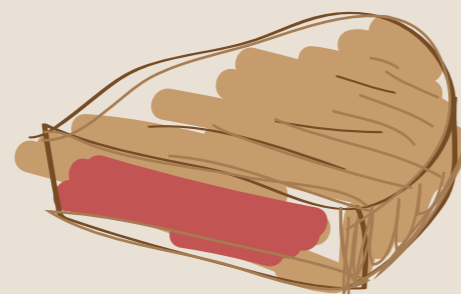
Dünne Kruste, innen fast roh, roter Fleischsaft.



2,5 min.

### Medium Rare

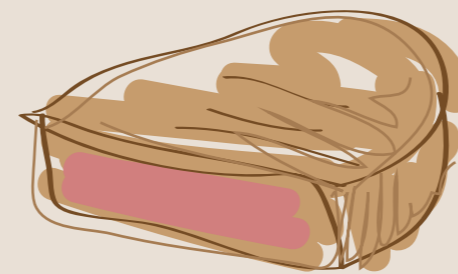
Knusprige Kruste, Kern leicht roh und nach außen hin rosa.



3-4 min.

### Medium

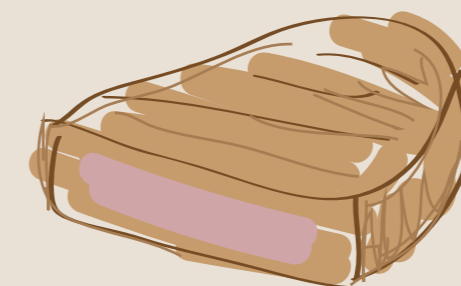
Knusprige Kruste, innen durchgehend rosa.



4 min.

### Medium Well

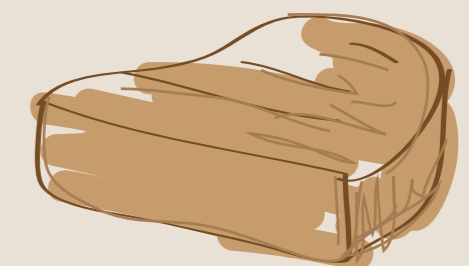
Knusprige Kruste, innen leicht rosa.



5 min.

### Well-Done

Völlig durchgebraten.



6 min.



# STEAK DONENESS